

HAPPIER ABOARD

5 Ways Your Life Will Be Transformed Abroad

The Biggest Self-Help Secret: You Can Solve Your Problems by Moving Overseas!

- *Did you know that changing your LOCATION is just as important as improving yourself, if not more so?*
- *Are you a single male fed up with the horrible dating scene and lack of social connection in America?*
- *Do you find it hard or impossible to meet or date any decent quality single women in America?*
- *Do you prefer sweet, feminine, genuine women over independent masculine women who don't need you?*
- *Do you feel alienated by America's fake, toxic, soulless, superficial culture, and people?*
- *Are you fed up with the high cost of living, live-to-work mentality, and unhealthy lifestyle/food in America?*
- *Do you feel like American culture is trying to crush your soul and make you feel insecure, empty, and depressed?*

If so, I've got **Great News** for you: **The problem is NOT you and there is a Real Solution!** I'm Winston Wu, Founder of **HappierAbroad.com**. In 2002 I made the greatest discovery of my life, which was that: **I could solve all the problems above by simply GETTING OUT of America!** That's it! It's very simple yet very taboo, because we are taught to blame ourselves for our problems and try to work things out at home. Therefore, I have a life-changing message and secret to share with you: **If you go abroad to one of the many saner foreign cultures, you will have: A better social life, dating life, mental/physical health, lower cost of living, and more freedom!** That's at least 5 major areas of life that will be greatly improved, 5 huge benefits of going abroad! This is the Biggest Secret that America won't tell you! Let me explain.

1. Social Life, Social Connection, and Friendships

America's social culture is isolating, lonely, and lacking in social connection, warmth, and sincerity. People are disconnected and live in their own bubble. An ice barrier exists between strangers (hence the term "breaking the ice"). There is no human connection or inclusiveness. Trying to make friends feels awkward and unnatural. People don't talk to strangers unless it's business-related. There is a weird tension between people, who are paranoid, uptight, and cliquish. Most don't even know their neighbors. Friendships are superficial and more like acquaintances. Life is stressful and demanding, and feels empty and meaningless. Consumerism has replaced community and your job is your identity. All that matters is making money and consumerism, which are supposed to fulfill you but do not. American culture is largely based on BS, phoniness, hype, illusion, exaggeration, and self-delusion. You've got to be a poser to adapt. If you are down-to-earth and have a real soul, you feel out-of-place. Many people are fake, arrogant, egotistical, and self-delusional, or they are cold, soulless, and zombie-like. Moral values have deteriorated since the 1950s, as reflected in American media and pop culture.

In many foreign countries: There is more social connection and people are more social, genuine, and down-to-earth. It is easier to meet people and make friends. The social atmosphere is more inclusive. Talking to strangers feels natural and relaxed. There is often an "instant familiarity" among strangers. Friendships are truer and families are closer. People are more genuine and alive with real emotions. Thus YOU feel more alive as well. There is more connection and camaraderie. Happiness is shared and cooperation is emphasized rather than competition. Hence you don't feel isolated or lonely, even when you are alone. People are more down-to-earth and easier to get along with. You notice this right when you get off the plane. Overall, social life, dating, and fun flow much more freely, smoothly, and abundantly. You never have to be bored.

2. Women, Dating, and Relationships

America's dating scene is excessively complex, difficult, unnatural, unfriendly, and a no win situation for many single guys. Every desirable female is either super picky, taken, or not interested. They tend to be unapproachable, closed, uptight, standoffish, spoiled, and entitled. You aren't allowed to chat them up, approach them, or flirt with them (like you could in the 60s, 70s, and 80s) lest you be seen as a creep or pervert. Flirtation has been a taboo since the 1990s, and women never flirt with men. Women are conditioned to harbor deep hatred and contempt for men, viewing them as fools, creeps and predators. They are uptight and paranoid with a bitch shield. Many have toxic, hot tempered, narcissistic, and self-absorbed personalities, hence are too hard to get along with. They look/act too masculine and view femininity as oppressive. Corrupted by feminism, they are taught to be independent and not need men. Hence they are super picky or prefer to be alone. They have no interest in nice guys or good men, like normal natural women do. Every girl you ask out claims to have a boyfriend (even if she doesn't). Nice guys are treated like dirt. There are more dateless males than in any other country. Females are masculinized and males are feminized, inverting both genders against their nature and ruining natural relationships. Women don't need men but men still need women, resulting in imbalance and inequality. The divorce rate is the highest in the world. Overall, the dating scene is excessively difficult, problematic, unnatural, and unfriendly -- a NO WIN for many single guys.

In many foreign countries: Women are feminine, sweet, and down-to-earth, and quality single females are in abundance. Foreign females are much easier to meet, connect with, and date, because they are pro-male and seek a good husband. They are more friendly, approachable, good-natured, and exude genuine warmth. And they are generally thin and look more wholesome. They cherish their femininity and appreciate good men. Nice guys are valued, not spat upon. Traditional gender roles still exist and belief in old fashioned romance is still alive. Flirtation with females creates energy and

excitement, and is a FUN positive experience. Women are flattered by compliments and girls giggle and blush. Quality single females are plentiful. Not surprisingly, American men abroad often say they never want to date American women again.

3. Mental Health, Self-Esteem, and Freedom to Be Yourself

America's toxic culture undermines your mental health and personality. America has the highest rates of mental illness in the world and the biggest mental health industry. The World Health Organization has reported that Americans have a 47.4 percent chance of developing a mental disorder! Thus seeing a therapist is all too common. The fake culture requires you to become fake to fit in, creating an internal schism that fragments your psyche. People are made to feel insecure and inadequate. So they constantly grapple with self-esteem issues and always feel they have to prove themselves. No one feels accepted or loved for who they are. To compensate, they develop big egos, brag, act tough and arrogant, become a-holes, or lose it and go crazy. All this results in toxic personalities, deep insecurities, and inferiority complexes. The toxic culture is soul crushing and brings out the worst in you. It breeds men to become a-holes and women to become bitches.

In many foreign countries: Social culture is more genuine, sane, and down-to-earth. Hence you feel accepted and are free to be your real self, which is very liberating. There is no freedom greater than the freedom to be yourself, which has nothing to do with fake political freedoms. You don't have to grapple with pseudo "self-esteem" issues so you develop a healthy personality without psychological baggage. People have real friends/family to talk to about their problems, so having to see a therapist/psychiatrist is unheard of. No one faults you for being "too nice" and niceness is appreciated and rewarded.

4. Cost of Living and Healthcare

America's cost of living and prices are higher than in most other countries. This forces people to work ever more for less, and become debt slaves with little freedom or free time. Living costs and prices are overly high due to the inflation caused by the fraudulent fiat money system created by the private central bank (Federal Reserve). Healthcare and medical costs are ridiculously expensive, and the #1 cause of bankruptcies. America is the only developed nation with no universal healthcare, because it places profit over health, which is insane. You have to "live to work" rather than "work to live".

In many foreign countries: Cost of living is lower and more affordable, allowing more freedom and leisure time. Prices are lower in most foreign nations, which gives you more purchasing power. There are many ways to live cheaply abroad. Universal healthcare is provided in all other developed nations, including those with low income taxes such as Taiwan. But even in countries without it, healthcare is still cheap or affordable. (See the Michael Moore documentary "Sicko")

5. Health and Food

America is a very unhealthy nation with the highest rates of obesity, cancer, diabetes, and heart disease in the world. Everyone knows America is the fattest nation. Its food contains too many unhealthy processed ingredients, harmful toxins, GMO's (genetically modified organisms) and its water is fluoridated. Trying to eat healthy at health food stores is too complicated and expensive. Not only is food addictive, but Americans overeat to fill their emptiness and void as well, since they have no true social connection or authentic life to fulfill them. People drive everywhere and don't walk enough too.

In many foreign countries: People are healthier and thinner. This is easily visible and well documented. Food is healthier and more natural and organic (without GMOs). In Europe for example, mainstream food is already healthy so there is no need for organic health food stores. So eating healthy does not have to be expensive overseas. Many of my friends have lost significant weight overseas. When you eat abroad, you will be healthier and lose weight. It's the biggest weight loss secret that the US weight loss industry never tells you (because there's no profit in it). People abroad also walk more due to better public transportation, so they get more exercise. Moreover, foreign cultures are less toxic and more authentic, as mentioned earlier, which is better for your mind and results in better health as well since there is a proven mind-body connection.

Conclusion

So you see, **America is highly toxic and detrimental to one's mind, body, soul, and social relationships.** America may be good for making money but horrible for social life, relationships, self-esteem, freedom, happiness, and fun. As the great Indian sage Jiddu Krishnamurti stated: *"It is no measure of health to be well adjusted to a profoundly sick society."* As you know, you cannot change your society or culture, but you can buy a plane ticket. As Harry Browne stated: *"It takes far less effort to find and move to the society that has what you want than it does to try to reconstruct an existing society to match your standards."* (How I Found Freedom in an Unfree World) Therefore, our solution of simply getting off the "sinking ship" of America makes the most sense. **We know that once you go abroad and experience all the above, your life will change forever!** Our site provides abundant material in the form of articles, photos, videos, podcasts, testimonials, trip reports, blogs, ebooks, and an online community, that support and prove our claims and comparisons. We've changed lives and inspired many like you to become "Happier Abroad" ☺

So let us open your eyes and show you a better life overseas! Visit www.HappierAbroad.com today!